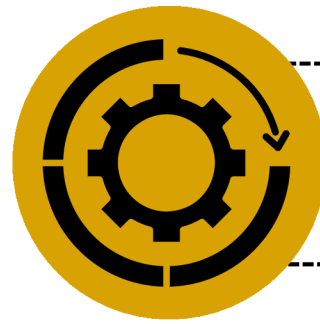


# Past Perfect CONTINUOUS

esl-inventory.com



## Action in progress before past action

We **had been studying** Portuguese when we visited Brazil.  
They **hadn't been paying** attention when the instructions were given.



## Emphasize duration before a past moment

They **had been waiting for 3 hours** before the train arrived.  
He **hadn't been sleeping well for days**.



## Explain the cause of a past situation

My eyes were red because I **'d been crying**.  
I went to the doctor since I **hadn't been feeling** well.

